

INCA

ORGANICS

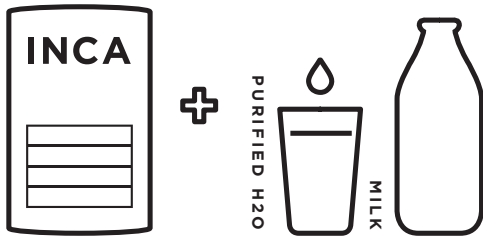
TRANSFORM YOUR BODY FROM THE INSIDE OUT WITH
ONE ORGANIC SMOOTHIE A DAY... FOR 30 DAYS!

ON THE GO

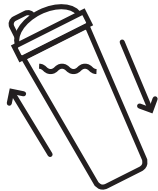
IMMEDIATELY POST WORKOUT
SHORT ON TIME



WHAT YOU NEED



CHOOSE YOUR BASE



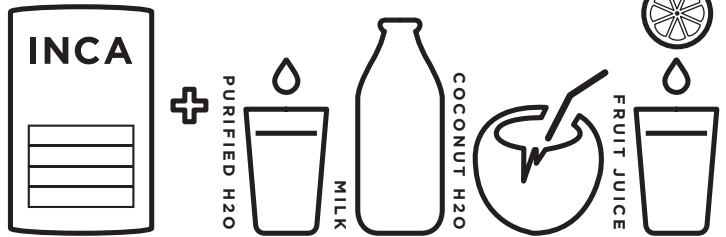
SHAKE!

TAKE YOUR TIME

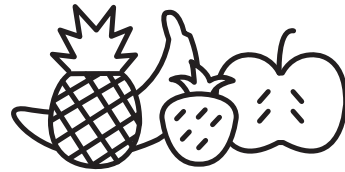
MEAL REPLACEMENT
AFTERNOON SNACK



WHAT YOU NEED



CHOOSE YOUR BASE



CHOOSE YOUR FRUIT



BLEND!

SHAKE TIPS

Product of choice **WHEY PROTEIN POWDER**
Consume within 30 minutes of your workout
Take to work and curb that mid afternoon hunger
Be sure to make your milk of choice organic,
and your water purified

SMOOTHIE TIPS

Product of choice **WHEY SUPERFOOD POWDER**
Get creative with your smoothies
Find new recipes on our website and FB page
Add ice or freeze your fruit in advance
Increase protein and other nutrients in green smoothies
A great way to start the day... delicious breakfast shake
As always, organic produce is best!

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